



Community Calendar

**Deadline is
Friday 4:00 p.m.**

Down East Fairgrounds Association meets the 1st Wed. of each month at the R. H. Foster Building in Machias at 6 p.m.

Downeast Trail Riders Snowmobile & ATV Club, Inc. meets at 7 p.m. on the 2nd Tues. of the month at WA, East Machias. FMI 259-3996.

Friends of the Whitneyville Library meet the 2nd Mon. of each month at 6 p.m. in the Hillgrove Community Bldg. Everyone is welcome.

Machias Valley Civil Air Patrol meets Thurs. 6:30-9 p.m. at the Machias Valley Airport on Route 1 in Machias. Adults & students grade 6 and up are invited. FMI please call 255-4978.

Machias Valley Sportsmen's Club meets the 1st Wed. of each month at 6:30 p.m. at Six Mile Lake Clubhouse off Rt. 192, Marshfield.

M.A.N.E. Riders (Mature Adult Networking Equestrian) meet 2nd Sun. of each month 2-4 p.m., at Raven Ridge Farm in Columbia. FMI 483-2718.

Machias Rotary Club - 2/16- Deb Eckart on Senior Companion Program at Kay Parker Building, 2/23 - Heidi Eastman on National Multiple Sclerosis Society, 3/2 - State Senator Libby Mitchell, 3/9 - business/committee meeting

Maine Veterans Service Officer Michael Perkins - area office hours- To assist veterans and dependents applying for State and Federal benefits. Machias office, 7 Court St., Suite 2, every Monday thru Friday from 8 a.m. to 3:30 p.m. or he may be reached at 255-3306.

Ridge Riders Trail Club meets the 1st Thurs. of the month at Whitney's Tool Shed @ 7 p.m. All members & non-members are encouraged to attend. 255-3392.

Technical Exploration Center of Bangor will be at Machias Career Center on the 1st Wed. of the month from 11 a.m. to 4 p.m. FMI 941-2952 x227.

Washington County Fish & Wildlife Conservation Association meets the 3rd Wed. of each month at WA. FMI: Ed Renaud at 796-2777 or Jeff Geel at 255-0928.

Whitneyville Historical Society- Sunday, Feb. 28 at 3 p.m. at the Community Bldg. The group will be working on an album of historical images of the town. Shared pictures would be appreciated - they will be copied and returned. All are welcome. Bring a friend.

TOWN MEETINGS

Addison Selectmen meetings will be held at 6 p.m. at the **Addison Town Hall** on the 2nd and 4th Thursdays.

Addison - Town Budget Committee Meeting - 6 p.m., Thursday, Feb. 4, Addison Town Hall

Cutler Selectmen meet the 2nd and 4th Thurs. of each month at 4:30 p.m. at the Town Office.

Cutler Planning Board meets 2nd & 4th Wed. @ 6:30 p.m. at the Cutler Town Office. Applications must be received by the Thurs. before the meeting.

Cutler Harbor Masters meet 3rd Mon. each month @ 6 p.m. at that town office.

East Machias Selectmen meet 3rd Mon. of month @ 6 p.m. If a holiday falls on Monday, meeting is Tuesday. All invited.

Jonesboro Planning Board - meets 1st Tues. of each month at 6:30 p.m. in the Town Office.

Jonesboro Board of Selectmen meet 2nd Wed. of month at the Town Office Building @ 7 p.m.

Jonesboro Clam Committee meets 1st Sun. of month, 6 p.m., Town Office.

Machias Selectmen - (meet 2nd & 4th Wed. each month at 6 p.m.) at the Town Office.

Machias Planning Board meets 1st Wed. each month at 7 p.m. at the Town Office.

Machiasport Selectmen meet every other Mon. at 7 p.m. at the Machiasport Municipal Complex except when the Monday falls on a holiday.

Machiasport Clam Committee meets last Mon. of month at the Machiasport Municipal Complex at 7 p.m.

Machiasport Planning Board meets the 2nd Thurs. each month at 7 p.m. at the Machiasport Town Office. The Working Group is reviewing and revising the town ordinances and comprehensive plan. The public is welcome to attend.

Machiasport Comprehensive Planning Committee meets the 3rd Thurs. of each month @ 6 p.m. at the Machiasport Town Office.

Machiasport Harbor Committee meets last Thurs. of month @ 6:30 p.m. at the Machiasport Town Office.

Marshfield Selectmen meet the 3rd Thurs. of the month @ 4:30 p.m. at the Marshfield Town Hall.

Wesley Selectman meet every 2nd Mon. of the month 2-7 p.m., Wesley Town Office.

Whiting Selectmen meet the 2nd Mon. of month at 6:30 p.m. in the Whiting Community Building.

Whiting Planning Board meets the last Mon. of month @ 7 p.m. in the Whiting Community Building.

Whitneyville Assessors will continue to meet the 1st and 3rd Wed. at 6 p.m.

Whitneyville Selectman - 2nd and 4th Thursday at 6 p.m.

Whitneyville Outreach Group meets every Mon. @ 1p.m. in the Fellowship House, next to the church to work on various projects for the community, nursing home and Veterans' Home; this is for anyone interested.

SCHOOL MEETINGS

Cutler School Committee will meet the 1st Wed. of the month at 3:30 p.m. at Bay Ridge School.

Machias School Committee - rescheduled - Thurs. Feb. 11, 6 p.m. at Superintendent's office.

BREAKFASTS, SUPPERS, BENEFITS

Centre Street Congregational Church Food Pantry is open Mon.-Fri. from 10 a.m. to 12 p.m., except on holidays. The pantry closes when schools are closed for inclement weather. FMI 255-6665.

MEALS FOR ME - For Washington County Seniors age 60 plus. Donations are accepted. Eat at our dining rooms or at your own home. For reservations or info, call us toll free at 800-462-9899 or in Machias at 255-3701. For **TRANSPORTATION** to and from meals, call: 546-7547.

Bread of Life Soup Kitchen - Free Supper, every Thursday from 5 -6 at Lifespring Chapel, Rt. 1, East Machias. FMI 271-7159.

Community Supper - Sat. Feb. 13 at 5:30 p.m. at Centre Street Congregational Church, Machias. Baked ham, scalloped and au gratin potatoes, green beans almandine, pies. Adults - \$7, children 5-12 - \$3. The Getchell Brothers Trio will be performing. Chocolate festival desserts also available at \$5 a box.

Free Public Souper Supper - Sat. Feb. 27, 5 p.m., Machiasport Congregational Church. A tasty selection of homemade soups - please join us.

Supper - Sat. Feb. 20, Parish Hall, Dennysville, 5 p.m. Baked beans, casseroles, salads, rolls, desserts, beverages. Adults - \$6, children - \$4.

Whiting Community Food Pantry - Located at Three Angels Seventh Day Adventist Church on Route 1. Open 3rd Wed. of the month from 12-7 p.m. Call Bill Sawtelle at 726-4722 in case of food emergency.

SUPPORT GROUPS

A.C.T.S. - a program for Alcohol-Chemical Treatment Series which helps people on chemicals to turn their lives around. 12 weeks, all types of dependency & how to cope with life's problems. 302 B Kennebec Road, Machias Thursdays @ 7 p.m. FMI - Bob Johnston, 255-8375.

Aspergers/Autism Support Group meets the 4th Wed. of each month at 6:30 p.m., Blue Hill Memorial Hospital In-Service Room (lower level). For parents, grandparents & caregivers. FMI 374-3472.

Brain Injury Support Group meets on the 3rd Wed. of each month at 6:30 p.m. at the Church of Jesus Christ of Latter Day Saints, Beechland Rd., Ellsworth. FMI Dodie Sullivan at 667-8680.

Domestic Violence Hotline Number, 24 hours a day - 7 days a week: 1-800-863-9909.

Downeast Sexual Assault Services is offering self-help support groups to sexual assault survivors. The group will meet once a week in Machias from 6:30-8 p.m. There is no cost to attend. If interested, please call 1-800-492-5550, ext. 258, FMI.

NAMI Family Support meets the 1st Monday of the month at 6:30 p.m. at the Kay Parker Building, Hadley Lake Road, Machias. **NAMI Peer Support** meets every Tuesday at Harrington Family Health Center at 6 p.m. FMI call Joanne at 483-6040. **Peer Support** also on the 1st Monday on the month at the Kay Parker Bldg. FMI Richard at 733-2982.

Downeast Sexual Assault Services is offering a self-help support group to sexual assault survivors. The group will meet once a week in Machias from 6:30-8 p.m. There is no cost to attend. FMI 1-800-492-5550 (ext. 258).

PROBLEMS with drug or alcohol addiction in a loved one? Don't know where to turn for help? Contact Drug Rehab Resource for a free confidential consultation to find the help you need. Call 1-866-649-1594 or find out more at www.drugrehabresource.net.

The Down East Group of Alcoholics Anonymous meetings will be held at the Community of Christ Church on North Street in Machias. Meetings are held EVERY Fri. & Sun., 7:30-8:30 p.m. FMI about AA or for contact information, call the toll free AA hotline at 1-800-737-6237.

Free Reiki Clinic in Machias 2nd Sun. of every month. 3 p.m. at St. Aidan Church Community Room. For appointments call Gillyin, 255-4515 or bobcatpath@207me.com

Road to Recovery - American Cancer Society needs volunteers to drive cancer patients to their doctors' appointments. FMI 1-800-227-2345.

TOPS Chapter, Machias, ME # 366 meets at 4:30 (weigh-in), 5-6 meeting at Kay Parker Bldg, Hadley Lake Rd, visitors and new members welcome. 255-8596

MISCELLANEOUS

Machias Family History Center open for genealogical research Wed. (appointments only), & Sat. 1-5 p.m. Microfilm-/microfiche readers, IGI/regional genealogy CDs internet genealogy access at no charge. 100 Court St., Machias. FMI 497-5450 or www.family-search.org. John & Sheila Look, Directors.

We Care Community Baby Center every Tues. 9 a.m. - 1 p.m. only. 1st Tues. of month - 9 a.m - 2 p.m. If no

school due to bad weather we're not open. Also closed on 5th Tues. of month. FMI, call Joyce, 255-8903.

Pine Tree Quilter's Guild Inc., Downeast Chapter, meets at Centre Street Congregational Church in Machias on Fri. at 3 p.m. For specific date ask at Gingham Fabrics or call 255-8238.

Chapter of **TOPS** (Take Off Pounds Sensibly) in Milbridge meets Mon. 6 p.m. at Narraguagus Estates, Cherryfield. 2nd left as you enter the estates, in white meeting building. FMI, Coreen Burt at 546-2979.

Knitting/craft/fiber night @ Jonesboro Union Church Comm. Center on Looks Point Rd. every Wed. 6-8 p.m. Please bring a heat/elec donation if you can, since we are not being charged to use the space. All are WELCOME!!! FMI, Kim 434-5089.

Mom's Bible Study & Play Group Every Thurs., 9-10:30 a.m., at Centre Street Congregational Church, Machias. Bible discussion, sharing joys & concerns of family life, activities for young children & babies. All welcome. FMI 255-6665.

Dennysville's Lincoln Library reinstates Wed. hours from 4 to 7 p.m. Also open Tues. & Fri. from 1:30 to 4 p.m.

Beth C. Wright Cancer Resource Center - for all programs call 664-0339. Washington County Support meetings: Watch this space for upcoming events!

Robert and Mary's Place, an adult day care program for people with **Memory Loss**, is at St. Aidan's Church on Dublin Street in Machias. They will be open on Tues. & Thurs. from 9 a.m.-4 p.m. The first day is free. This is a needed service but one in jeopardy of closing if it isn't used. FMI - Tanya Berry 483-2718, Ida at 667-5449, or www.robertandmarysplace.com

Surrendering to Christ Together - Sundays, 4 p.m., First Baptist Church of East Machias, 567 Main St. The public is invited to attend. Info: Bob Simpson, 259-3473 or http://mainechurches.org/fbcm

Sunrise Senior College Presents

Romantic Comedies to Heat You Up This Winter! Entertainment for the Whole Community!

WINTER WARMUPS 2010!

Join Sunrise Senior College Saturday afternoons this January and February for their Seventh Annual Film Series, with accompanying cartoons. Free to members of Sunrise Senior College; \$1 donation requested of non-members. Dress warmly, or cuddle with a friend.

Saturdays, at 1:00 p.m. in Science 102 on the UMM campus.

NOTE: Weather cancellations will be on our voice mail at UMM by noon of that day. Call 255-1384.

Feb. 13 - Betty Duzen as Edith Roosevelt - live performance!

Feb. 20: Moonstruck (1987) Cher (Best Actress), Olympia Dukakis (Best Supporting Actress), Nicholas Cage, Danny Aiello, Vincent Gardenia star in this Norman Jewison-directed romantic comedy about a widowed Brooklyn bookkeeper, a baker, his brother, bad karma, good karma, the ballet and ... the moon. (102 min.) PG

Whole Life Natural Market thanks all their customers who participated in the **Creatures Great and Small Animal Drive** to benefit the Ark. We were able to provide over 135 items of food, toys, cleaning supplies and money. Thank you!!!

Narraguagus Snowmobile Club will have their clubhouse open to the public starting Sundays from 8 a.m. to 3 p.m. Breakfast and lunch will be served. This will continue until March. Snowmobilers riding on the new IRS 82 trail to Cherryfield can take the ITS 81 trail and it will come right by the clubhouse.

Free workshop - Essentials of College Planning- Machias Career Center, 53 Prescott Drive, Suite 1 - Thursday, February 11 @ 10 a.m. - FMI 1-800-281-3703 or http://meoc.maine.edu

Feb. 27 - When Harry Met Sally (1989) - Billy Crystal, Meg Ryan, Carrie Fisher, Bruno Kirby star in this clever romantic comedy written by Nora Ephron and directed by Rob Reiner, that asks the questions, "can a man and a woman be very close friends without sex?" 96 min. R

Advancing in YOGA with Christine Felker - 2 hour workshop, Sat. Feb. 20, 1-3p.m.- open to those who have participated in Christine's class in fall of 09 or by discussion with her personally. Class limit - 15- cost \$10 pp. Open to participants at any level as long as there is interest in deepening understanding, strength and flexibility. Register by calling Christine at 454-7341

UMaine Jordan Planetarium - Wingate Hall, Orono - Feb. 5 - 28 - "The Little Star That Could" - ages 5 - 9, Sundays - 2 p.m. - "Black Holes" - ages 10 and up, Fridays, 7 p.m. limited seating FMI/reservations - 581-1341 or www.Galaxy-Maine.com

tickets are \$3 pp - seating limited

MMHS Music Dept. NYC Trip Bottle Drive- morning door to door requests in Machias area, all donations to Machias River Redemption Center gladly accepted anytime. FMI - Mrs. Atkinson - 255-3411 or email at machiasmusic@gmail.com

DownEast Hearts Helping Haiti - Whole Life Market on 4 Colonial Way is sponsoring a Basket Raffle (valued at \$250) to benefit relief and efforts in earthquake stricken Haiti. The basket features Made in Maine products by local artists and businesses who all contributed generously to support the cause. All money raised will go to the What If Foundation

(www.whatiffoundation.org) to feed and educate impoverished children in Haiti year round.

Tickets are \$5 each, \$20 for 5 tickets, sold at Whole Life Mkt. The drawing will be at the end of business, February 12 at 6 p.m.

Jonesboro PTA is having a used book sale in honor of Read Across America on March 2nd. Donations are needed and greatly appreciated - and may be

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Church Services

St. Aidan's Episcopal Church, Dublin Hill, Machias. Sun., 9 a.m. Info 259-3328.

Beals Wesleyan Church. Elm St., Beals. Order of service: 10 a.m. Sunday School; 11 a.m. morning worship; 6 p.m. Evangelistic hour. Wed. 6 p.m. Prayer time. Pastor Rev. Jesse Merchant. 497-2262 or 497-2706. "Experience the difference."

Bucks Harbor Baptist Church, 33 Ridge Rd., Bucks Harbor, 9:45 a.m. Sunday School; 11 a.m. Worship & Bible Study; Wed. 6:30 p.m. Prayer Meeting. FMI Donny Wood 255-6708.

Calvary Chapel Outreach of Machias, 88 Roque Bluffs Rd., 1/2 mile south of Rt 1. Worship Services 10 a.m. Sun.; Bible Study, Thurs. 6:30 p.m. Child care & ministry (infants to 10 yrs.) available all services. A non-denominational Christian Church teaching from the Bible, all welcome. Info Pastor Aaron Dudley, 255-8287.

Centre Street Congregational Church, United Church of Christ, Machias
• Rev. Gini King, Pastor. Nursery available & church school for K-High School- 10:45 a.m. Cherub Choir, Bell Choir, Chancel Choir. Handicapped Accessible. Worship Service 10:30 a.m.; Info 255-6665.

Cherryfield Congregational Church, River Road. Pastor Joseph S. Palmer, 10:30 a.m. Worship Celebration, Mobile 266-3915.

Christian Science Society of Calais holds Sun. services at the St. Croix Masonic Lodge, Calais Ave., all are invited. Info 454-2352 or 255-8635.

Christian Temple Church, 41 Main St, Lubec, Worship Sun. 11 a.m. Rev. Alan Andreas. 733-2887.

Cobscook Friends Meeting (Quakers) - Rt. 189, Whiting, Sun. Meeting for Worship 10 a.m. All welcome.

Columbia Falls United Methodist Church at 16 Church Hill Circle, Sun. Services at 10:30 a.m. and Sun. School for all ages at 9:30 a.m. Pastor Janice Rhenow. 483-2787.

Community of Christ, Sun., 11 a.m. Services at Beals Island Church 50 Bayview Dr., Pastor Terry Feeney 497-2186. Jonesport Church, Main St., Pastor Sharon Church 497-2117; Machias Church, 54 North St., Pastor Loverne Strassburg 259-2027; So. Addison Church, 316 Mooseneck Rd, Pastor Harold Tyler 483-2374.

Cutler United Methodist Church, Rt. 191 South, Cutler, worship service Sun. 10:45 a.m. except 1st Sun. of month @ 6 p.m. Pastor Patti Sears. All welcome. Child care provided. Info 259-2097., or Pastor Patti 214-9026, available for consultations on Thurs. at church or for home visits.

Dennysville-Edmunds Congregational Church, Rev. Ronald Windhorst, Pastor, Dr. Colin Windhorst, Assistant Pastor 726-3905; services at 11 a.m.- starting Sept. 13. Sunday School- 10 a.m.(starting Sept. 20)

Faith United Methodist Church, 444 Rt. 1, Columbia: Sun. Worship

10:45 a.m., Sunday School 10:45 a.m. Rev. R. Daniel Blevins, 483-4094. All welcome.

First Baptist Church of Cherryfield Sun. School at 9 a.m., Services Sun. 10:30 a.m. & 6:30 p.m.; Wed. 6:30 p.m.

First Baptist Church of East Machias (next to the fire station) Are you Growing- Spiritually? Experiencing Christ Together in Bible study, prayer & ministry. Please join us Sun. @ 4 p.m. Info Bob Simpson, 259-3473.

First Congregational Church of East Machias. Ed Randall at 9:30 a.m. Everyone welcome. 255-3728.

Holmes Bay Baptist Church - Cutler Rd, Machiasport. Sunday School & Service 9 a.m. Rev. Greg Schors

Holy Name Catholic Church - see St. Peter the Fisherman's Parish

Jacksonville United Methodist Church service 9 a.m. Rev. Patti Sears. FMI 214-9026, 255-6282, or www.jacksonvilleumchurch.com

Jonesboro Union Church Sun. School will be from 9-10 a.m.; Church Service 10 a.m. Family & individual counseling offered free of charge, Mon. evenings by appointment. FMI: pastorpam@gonowmail.com or http://jonesborounionchurch.blogspot.com

Lifespring Chapel Church of God, Rt 1, East Machias. Sun. School 9:15 a.m.; Service - 10:30 a.m., & 6 p.m.; Wed. Prayer 6 p.m. All are welcome. Pastor Doug 733-2923.

Lighthouse Bible Church Ridge Road, Addison. Sun. School 9 a.m.; Services 10 a.m. & 6 p.m.; Prayer Meeting Thurs. 7 p.m. 483-2210.

Machias Branch - Church of Jesus Christ of Latter Day Saints Sacrament Service Sun. 10 a.m., 100 Court St., Machias, 255-0707. Branch President - Peter Marshall. All welcome.

Machias Valley Baptist Church, Broadway, Machias. Sun. School 9 a.m., Service 10:30 a.m. Pastor Henderson 255-4476.

Machiasport Congregational Church Rt 92. Music 10:20 a.m., Sun. Worship 10:30 a.m. All welcome. Pastor Francois Akoa 255-0772 (parsonage).

Marshfield Congregational Church Church Ln., Marshfield, Pastor John Sprague. Sun. Worship 8 a.m. Info 255-3660. All are welcome.

Milbridge/Wyman United Methodist Churches. Wyman Rd., Milbridge Services 9 a.m. alternating between locations; Sunday School when services are in Wyman. Pastor Steven W. Smith.

New Dawn Assembly, Rt. 1, Columbia, non-denominational. Pastor Robert Foster officiating. Sun. service 10 a.m., Wed. Bible study, prayer meeting to follow. All welcome! 479-5063.

Pentecostal Lighthouse Kennebec Rd. Machias. Sun. School & Worship 10 a.m. & Wed. 6 p.m.; Sat. Prayer

6 p.m. & Sun. Prayer 6 p.m. Pastor Denizil Channell, 255-3577.

River of God Sun. 10 a.m. worship; group sharing 11 a.m. in The Barn at 12 Fremont St., Machias. Bible study & intercessory prayer Thurs. 6:30 p.m. in The Eagles Nest in church Parsonage. Info Pastor Ralph Ackley 255-6369 or email: manystreamsonriver@yahoo.com.

Sacred Heart Church, 19 Church St., Lubec. Mass Sat. 4:30 p.m., Weekday Liturgy Mon., Wed. & Fri. 8 a.m. Youth, Teen & Adult Religious Education Classes. Adult & Infant Baptism Sessions begin soon. FMI Fr. Gene Gaffey, pastor 733-2214 or 255-3731. All welcome!

St. Peter the Fisherman's Parish, 8 Free Street, Machias, 255-3731

Saturday evening: St. Timothy's, Welshpool, Campobello, 4 p.m. Atlantic time, Sacred Heart, Lubec, 4:30 p.m. **Sunday morning:** Holy Name, Machias, 8:30 a.m., St. Michaels, Cherryfield, 10:30 a.m., **Weekdays:** Monday, Holy Name, Machias, 9 a.m., Tues. Sacred Heart, Lubec, 4:30 p.m., Friday, St. Michaels, Cherryfield, 9 a.m.

Three Angels Seventh-Day Adventist Community Church Rt. 1, Whiting. Sat. Services 10 a.m. All welcome. Info Pastor Ed Fleish, 454-0075. In emergency, go to www.threeangelsdda.com.

St. Michaels in Cherryfield. Sun. Mass 11 a.m. Sacrament of Reconciliation before Mass.

Unionville Church of God, Steuben, Sun. services 9:45 a.m., 10:50 a.m., 6 p.m. Pastor Charles Kelley, 546-2668. Bible study & youth group Wed. 6:30 p.m.

United Pentecostal Church, Hwy 187, Indian River Rd., Jonesport. Sun. services 10 a.m. & 6 p.m., & Tues. 6:30 p.m.

Victory Baptist Church - 86 Epping Rd., Columbia. You may put your shoes on in the morning, but the undertaker may be the one to remove them at night. Come join us to find a personal relationship with Christ., Sunday Services: 10:30a.. m. & 3 p.m.-Pastor Colin Haag, Jr. 598-8423

Wesley Community Church A Friendly Bible Believing Church, Pastor Rev. Duane Waite & wife, Joan - Serving under Village Missions. Sun. School 9:15 a.m.; Sun. Service 10:30 a.m.; Wed. 7 p.m. Prayer & Bible Study (in various homes). Ladies Bible Studies at Parsonage. Info 255-0140 or wcc@pwless.net. Everyone Welcome.

West Lubec United Methodist Church Rt. 189, West Lubec. Sun. Morning Worship Service 11 a.m.; Communion Services, 2nd Sunday of month. Sun. School for all ages, September through June 9:45 a.m.; Choir rehearsal Tues. 6:30 p.m. Pastor Bernie Hammond 733-2426; 483-4052.

Whitneyville Congregational Church, Main St., Whitneyville, Sun. Service 9 a.m., Pastor Betty Duzen 259-2088 or 255-8640.

Eastern Agency Menu of the Week

Eastern Agency on Aging's Meals for Me program deliver noontime meals through Meals on Wheels to those who qualify and serves at Community Cafes where all are welcome. Cost is \$5 under age 60. Suggested donation for seniors age 60 or older is \$3. Additional donations are appreciated. For a reservation or more information, call (800) 432-7812 Or 207- 733-4555.

Meals for ME

Feb. 10 - Feb.16

Wednesday, Feb. 10 -Chicken tetrazzini, garden bean salad, dinner roll, bread pudding

Thursday, Feb. 11 - Italian wedding soup, carrot raisin salad, herbed biscuit, bananas foster cake

Friday, Feb. 12 - Fish Newburg, rice pilaf, steamed broccoli, wheat roll, pudding and topping

Monday, Feb.15 - ALL SITES CLOSED - President's Day

Tues. Feb. 16 - Haddock patty, oven browned potato, German cukes & tomatoes, dinner roll, cranberry bog bar

Sunday Afternoons at the Arts Center in Eastport - 36 Washington St, 3 p.m.

• February 14- multi-instrumental **Gene Nichols** in a program of amorously appropriate items for Valentine's Day.

Coffee and treats provided. Donations gratefully accepted.

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dropped off at the Elementary School or call 434-2602.

MMHS Alumni Association Meeting- Thursday, February 11, 6 p.m., MMHS cafeteria.

Classes being honored: 1930, 1949, 1950, 1960, 1970, 1980, 1985.1990, 2000 and 2010.

SMOKERS QUIT Information Workshop FREE-

Harrington Family Health Center, 6 p.m. - third Thursday of February, March & April.

FMI: Joe or Barbara 483-4502 ext. 244

MACHIAS AREA JOB FAIR - Tuesday, March 16 (snow date - 3/17) 12:30 - 3:00 p.m.

at **University of Maine Machias Reynolds Center Gymnasium** -

FMI - Brenda - 255-1439 or Dodi - 255-1933

CHOCOLATE FEST! Benefit for Down East Hospice of Washington County

Saturday, February 14 1-4 p.m., Faith United Methodist Church, Rt. #1, Columbia.

\$5 a plate for chocolate delights, plus beverages and ice cream.

Treat your Valentine while supporting a great cause.

Early Childhood Training Classes Offered

"Maine's Early Childhood Learning Guidelines"

- Tuesday evenings beginning February 23 through April 13, 2010, 6 to 9 p.m. at WHCA, Milbridge. *The Early Childhood Guidelines* are written for children ages 3-5 and are connected to Maine's K-12 Learning Results. *The Guidelines* have been approved by the Department of Education and the Department of Health and Human Services. This course will orient child care providers to the *Guidelines*, help providers integrate the *Guidelines* into their curriculum, and adapt curriculum then for children with special needs. Observation and authentic assessment are a key component to individualizing a program and will be central to the course. Class will meet 8 times and there will be homework between classes for a total of 30 hours of training. This course meets the Quality Rating System requirements, and fulfills CDA hours in all subject areas. This training is open to family child care, center-based, nursery school, Head Start and public pre-k providers. Pre-registration and \$15 fee is required.

Quality for ME Rating System, Environmental Rating Scales - Thursday, March 11, 2010, 6 to 7:30 p.m. at Machias Valley Early Care and Education Center. In this training providers will learn how the scales are scored and interpreted and how they relate to quality. Whether you have enrolled in QRS or not, this training will be informative and interesting. These sessions are FREE but please pre-register.

Foundations of Health, Wellness, and Safety - Tuesday evenings, March 16 through April 6, 2010, 6 to 9 p.m. at Washington County Community College, Calais. Participants will be introduced to the importance of health, wellness, and safety through personal care routines, nutrition education, and environmental hazards. The training adheres to best quality practices as established by the national standards set forth by NAEYC, NAFCC, and NAA. Pre-registration and \$15 fee is required.

Child Care Opportunities Resource Development Center (RDC) is the child care resource and referral agency for Hancock and Washington counties. Child Care Opportunities offers services to parents, child care providers, businesses and communities. The role of the RDC is to enhance the quality, affordability and accessibility of child care in Washington and Hancock counties. Hours of service are Monday thru Friday 8:30 a.m. to 4:30 p.m., 1-800-834-4378 or 667-2467.

Machias Bay Area Chamber of Commerce
PO Box 606 • Machias, ME 04654
12 East Main, Machias • 207-255-4402
email: info@machiaschamber.org

20 on 20 Initiative

Spend \$20 on the 20th!

Next 20 on 20 special offerings by local area merchants coming February 20. Save big - Shop local

Weald Bethel Chapel of the Maine Sea Coast Mission in Cherryfield - Rt. #1 and Weald Bethel Lane - Two services - Saturday - 4:30 p.m. Holy Communion and Sunday 10:30 a.m. - Holy Communion in Ellsworth at the St. Andrew Lutheran, 175 Downeast Highway, Ellsworth. All are welcome for a time of fellowship after the service. Check our website : www.lutheransonline.com/standrewmaine for schedules and announcements. Pastor Priscilla Hukke, 667-7641

Sunrise Opportunities Annual Shrove Tuesday Pancake Supper

February 16th



4:30 - 6:30 pm

Kay Parker Bldg. 26 Hadley Lake Road, Machias
Adults \$5.00, Children 12 & under \$2.50